



## Miguel Roque

**Blue Economy Youth Leader Ambassador • Portugal**

Miguel Roque is the Stone Soup Leadership Institute's Blue Economy Youth Leader Ambassador. He represented the Institute at the **C2EA's Blue Careers Job Fair and Conference** in Lisbon and at the Institute's Blue Economy hybrid event at Cascais City Hall with business, government, and education to explore how to build bridges to prepare Portugal's young people for Blue Economy careers. Miguel was featured in The Portugal News's [Portugal and the Strength of the Blue Economy](#)

Miguel is the founder of **Volta Adventures**, a sustainable tourism company based in Cascais, Portugal, that creates meaningful outdoor experiences connecting people with nature and local culture both land and sea activities. A dynamic professional specializing in client-centered experiences, he promotes a low-impact, human approach to adventure that values curiosity, connection, and personal growth. With over 935 activities delivered and 2,000 hours of client hosting, Miguel has developed a strong skill set in guide training and in managing diverse water and land-based adventures, supported by published research on sustainable tourism.

Miguel started his journey as a skipper at the age of 18. He balanced this experiential learning as he pursued his Bachelor's Degree in Management at ISCAL's Higher Institute of Accounting and Administration of Lisbon and his Master's Degree in Tourism at ESHTe - Estoril Higher School of Hotel Management and Tourism. He conducted research on the Island of Príncipe that led to a consulting position with HBD Príncipe, where he designed and implemented innovative active experiences.

Miguel serves as **Vice-President** of the **Associação de Desportos de Aventura (ADA Desnível)**, where he helps promote adventure sports and outdoor activities that are inclusive and accessible to all, fostering a sense of community through movement and exploration.

As a **Blue Economy Youth Leader Ambassador** with the **Stone Soup Institute**, Miguel is dedicated to inspiring young people to carve their own paths on and around the water — empowering them to build innovative, purpose-driven careers within the blue economy, and to see the ocean not only as a resource, but as a shared space for learning, collaboration, and sustainable development.

**Stone Soup Leadership Institute**

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